

Care Packages



Bath & Personal Care Package \$59 (3 hour limit. Reg. hourly rate after)

Do you experience difficulty or feel uncertainty when getting in and out of the shower? Our care team can relieve bathing anxiety and improve your safety and comfort:

Transfers/Walking Assist | Shampoo | Shaving | Oral Hygiene | Bathing | Hair, Nail & Skin Care | Pedi-bath Assistance with Dressing i.e. zippers, buttons, laces, Velcro | Assist with hearing aids, dentures and glasses Tidy after bath | Laundry | Assist with Medicine | Meal or snack

Welcome Home Care Package \$59 (3 hour limit. Reg. rate after)

Help will be necessary after a hospital stay due to general weakness or recovering from a medical procedure our care team can help you regain your strength through non-skilled in-home care:

Making and serving tasty and nutritious meals | Assisting with medications | Pick up & Drop off RX | Laundry/Tidy Home making | Grocery Shopping | Accompany to follow up medical appointments | Companionship

Caregiver Respite Care Package \$69 (4 hour limit. Reg. rate after)

Are you a family caregiver? You need to take care of yourself first before you can take care of anyone else. Our care team can fill in for you while you break away and get some perspective, relax and take care of yourself. When planning for respite care think about the amount of time you'll need and then give yourself an extra half hour to compensate for travel time. Also think about the care and tasks you want our care team to provide:

Bathing, Dressing, Hygiene, Grooming | Assist with Medicine | Laundry | Cook a Meal | Assist with Medicine Encourage Exercises and playing a game | Changing the bedding

Time for Two Care Package \$89 (4 hour limit. Reg. rate after)

Do you want to save money? Time for Two is a value added package for couples, siblings, and friends who share their home and need a little help with daily living activities and personal care and are mostly independent. Our care team can: Assist with daily tasks | Drive to appointments | Organize schedules and more...

To find out more about our Care Packages or to schedule a no cost, in-home care assessment, call our office today and speak to our friendly home care staff.

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www.CompanionsHomeCare.com

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COMPANIONS
SENIOR CARE
LICENSED HOME HEALTH SERVICES